

Using the Picture Communication Charts

Picture Communication Charts can be a useful way to communicate many basic needs when you have difficulties with spoken communication. Charts can be made for basic vocabulary or be made about specific categories or subjects.

Sit with, or opposite the individual you are trying to communicate with and ask them to point to the relevant pictures. The listener can ask questions or elaborate on the picture to try understand the message that the individual wants to deliver. The individual can nod or shake their head to clarify that the listener understands the message. If the individual uses gesture or sign, this can further increase the intelligibility of the message.

If the individual has difficulty pointing, the listener can point to each picture in turn until the individual gives them a sign (a head nod or eye blink) that they are pointing to the appropriate picture.

Eye scanning is another way picture charts or symbols can be used if the individual with communication difficulties cannot talk, or access the pictures through pointing (see our Total Communication PDF in the Download Section of the [icommunicate](http://www.icommunicatetherapy.com) website).

If the individual still has intact reading skills, a chart with words and letters may be more appropriate and offer more options than pictures.

Picture Charts are not perfect but provide a quick way to express common words, requests or needs. Making a book containing variations of these charts for different dialogue or occasions can be a useful and portable tool for communication.

For those individuals with good cognitive abilities, they should also consider some hi-tech communication solutions such as electronic communication devices with voice output. These can now be linked with specially mounted switches or eye-gaze technology for those individuals who have physical limitations.

The Alphabet Charts and Written Chart

The alphabet charts can be used in 2 ways, to either spell whole words by pointing to the letters, or by pointing to the initial sound/letter as you say the word. Studies have shown that individuals with dysarthria, can improve their intelligibility by pointing to the first letter of each word as they say it. This happens because the listener has an extra cue when listening to the speaker and the speaker slows their speech a little as they are pointing.

Yes		HELP		? I don't understand		No
BED	TOILET	DRINK	TV	FOOD	WASH	CLOTHES
SIT UP	LEG	ARM	BACK	HEAD	GLASSES	SIT DOWN
IN PAIN	HOT	TIRED	COLD	BORED	ANGRY	
PARK	BATHROOM	BEDROOM	GARDEN	SHOPS	PUB	
FRIENDS	WIFE	HUSBAND		Children	CARER	PET



To learn more about Stroke/CVA, aids and strategies to enhance communication, speech and cognition, you can read about and purchase books on our website www.icommunicatetherapy.com. Click this link to see our online Resource Centre

Book Shop

Suggested reading:

Living With Stroke: A Guide for Families by Richard C Senelick and Karla Dougherty

Brain, Heal Thyself: A Caregiver's New Approach to Recovery from Stroke, Aneurysm, And Traumatic Brain Injuries by Madonna Siles and Lawrence J. Beuret

Peeling the Onion: Reversing the Ravages of Stroke by Robin Robinson

The Stroke Recovery Book: A Guide for Patients and Families by Kip Burkman, Bob Hoganmiller, and David Jenkins

Life After Stroke: The Guide to Recovering Your Health and Preventing Another Stroke by Joel Stein, Julie K. Silver, and Elizabeth Pegg Frates

After Stroke by David M. Hinds

Family Guide to Surviving Stroke & Communications Disorders by Dennis C. Tanner

Stronger After Stroke: Your Roadmap to Recovery by Peter G. Levine

Rewire Your Brain, Rewire Your Life: A Handbook for Stroke Survivors & Their Caregivers by Bob Guns

Stroke Recovery and Rehabilitation by Joel Stein

My Stroke of Insight: A Brain Scientist's Personal Journey by Jill Bolte Taylor

Talking About Aphasia: Living With Loss of Language After Stroke by Susie Parr, Sally Byng, Sue Gilpin, and Chris Ireland

Aphasia Inside Out by Susie Parr, Judith Duchan, and Carole Pound

Aphasiology: Disorders and Clinical Practice (2nd Edition) by G. Albyn Davis

Aphasia Therapy Workshop: Current Approaches to Aphasia Therapy-- Principles and Applications by Jacqueline Stark, Nadine Martin, and Ruth Fink

Beyond Aphasia: Therapies For Living With Communication Disability by Carole Pound, Susie Parr, Jayne Lindsay, and Celia Woolf

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